



Wolves Player's Code of Conduct

1. You must listen carefully to any announcements made by coaches. Make eye contact. That ensures them that you are listening and understand the information. Announcements may consist of game or practice schedule changes or cancellations, information about transportation to and from games, etc. It is your responsibility to convey all information to your parent/guardian in a timely manner.
2. You are to arrive at the facility 45 minutes prior to game time and be prepared to discuss game strategy with the coaching staff.
3. You are to arrive at the facility in time to begin practice immediately at the scheduled time. Any player who is neither dressed nor on the ice at the scheduled start of practice will not be allowed to practice that day.
4. You must come to practice with a positive attitude, prepared to learn and play. You must learn to play your position, practice hard and be prepared to execute what you have been taught during the game.
5. You must come to games with a positive, winning attitude and be prepared to play your position.
6. The Prairie Ridge Wolves are fortunate to have many years of hockey experience in our program. You must use that experience to coach each other in practice and in games. Accept constructive criticism and be the best you can be every day in practice. **“Friends make you feel better, teammates make you better.”**
7. Hockey is a demanding sport. You must give 100% of yourself mentally and physically both at practices and during games. If you give less, expect to play less.
8. You are an athlete representing the Prairie Ridge High School Hockey Club. Make your school, family and friends proud of the club through your actions and words.
9. On game days during the school week, you are expected to wear a shirt and tie to school.

10. On game days, you must arrive at the facility dressed in Wolves team attire. Team attire consists of shirt, tie and khaki type pants.
11. You must abide by Prairie Ridge High school, District 155 and Prairie Ridge Hockey Club guidelines for alcohol, tobacco and drug use. If you are found in violation, you will be subjected to the disciplinary process found in your D155 student handbook and the Prairie Ridge Hockey Club code of conduct. The Prairie Ridge Hockey club coaches and rules and Ethics Committee will have final say as to disciplinary measures that extend beyond those outlined in the handbook and Prairie Ridge Hockey Club's Code of Conduct.
12. To remain eligible to play hockey as a member of the Prairie Ridge High School Wolves, you must meet the academic requirements outlined on page 54 of the student handbook. Report cards must be copied and turned in to the coaches during the same week they are received. If you become ineligible to play because of grades, you may submit grade sheets to coaches Casey and Rick weekly to show the improvement needed to get back on the ice. Ineligible players who attend games must sit in the stands in their street clothes.
13. If you are going to be absent from practice or a game, you must notify coach Casey (or coach Rick in his absence) as soon as the conflict arises.
14. If you have an issue with any of the coaches, approach them about it the same day it arises, including after a game. Don't wait until you have blown the issue out of proportion in your mind. Immediate communications will get the issue resolved so that you can get back to playing hockey.
15. Respect your coaches and fellow players. You'll find that if you respect them, they will respect you.
16. Your parents pay a lot for your education. Foul language is an indicator of poor education. Convince your parents that they've spent their money wisely. Use proper language at all times, before, during and after hockey games. There will be zero tolerance for racial slurs by a Prairie Ridge hockey player, made both on and off the ice.
17. Teammates support each other. On days when both teams play, stay and cheer for your Prairie Ridge teammates, when possible.
18. If you are injured in practice or in a game, let a coach know immediately.
19. Prairie Ridge Wolves hockey players are to be recognized as hard playing, fair, tough but compassionate. If a player is injured during, regardless of which team, you are to return to your bench. Retaliatory altercations with opposing teams are unacceptable.

20. Your gloves (if provided by the club), jerseys, shells, garment and equipment bags are the property of Prairie Ridge Hockey Club. Respect your equipment. Keep your jerseys clean and in your garment bag. Air out your equipment after every game. Your parents placed a sizable deposit on that equipment. Take care of it to ensure that they get their money back at the end of the season.
21. Jewelry is not allowed at any time during practice or games. It may injure you or another player. Keep it safe at home while at practice or a game.
22. Hockey is a game. It can be all-consuming passion, an obsession, a life calling. More than anything it should be fun. Play as hard as you can. Peg your funmeter!

Player's Signature:

_____ Date: _____